



## 192d FW Airmen and Family Readiness Programs (AFRP)

### Contact Information:

RSD Weekends:  
Office Hours: By Appointment

Weekdays:  
Office Hours: 0645-1730  
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**Location: (633<sup>rd</sup> MSG Bldg)**  
45 Nealy Ave, Wing B, Suite 102

### Services Provided:

- Information/Referral
- Deployment Cycle Support
- Military and Family Readiness
- Life Skills Education
- Resume Assistance
- Emergency Financial Assistance
- Budgeting Assistance
- Transition Assistance Program
- Community Outreach
- Volunteer Coordination

### Additional Resources:

- Military OneSource: [www.militaryonesource.mil](http://www.militaryonesource.mil)
- VFW Post 824, <http://vfwwebcom.org/va/post824>
- The American Red Cross, [www.redcross.org](http://www.redcross.org)
- The USO, [usohrcv.com](http://usohrcv.com)
- Operation Homefront: <http://www.operationhomefront.net/hamptonroads>
- Veterans Administration: <http://www.va.gov>
- ONET Online: <http://www.onetonline.org/>
- Employer Support of the Guard and Reserves (ESGR): <http://esgr.mil/>
- DOL VETS: <https://www.dol.gov/>
- Save and Invest.org: <https://www.saveandinvest.org/>
- Consumer Financial Protection Bureau: <http://www.consumerfinance.gov/>
- 2-1-1 Virginia (VA Dept. of Social Services):  
<http://www.dss.virginia.gov/community/211.cgi>
- Virginia Employment Commission: <http://www.vec.virginia.gov/>